## <u>Preschool / Pre K – Daily Schedule</u>

| 6:30AM – 10:00AM   | <u>ARRIVAL</u> – Teachers greet the children, allow children to use the bathroom. Teachers speak with the children and parents about issues pertinent to their care for the day. Children choose and engage in independent or small group activities                            |
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| 6:00AM – 8:00AM    | <u>FREE CHOICE</u> – children can choose their own activities from choices such as the art center, science center, housekeeping, the building center, puzzles and dramatic play.  |
| 8:00AM – 9:30AM    | Bathroom, Wash Hands & <u>BREAKFAST</u>   |
| 9:30AM – 10:00AM   | <u>INDIVIDUALIZED INSTRUCTION</u> – Children receive one on one additional help with concepts that they may not be fully understanding while participating in group activities and individual learning experiences.   |
| 10:00AM – 10:15AM  | <u>BATHROOM BREAK</u> , Wash hands  |
| 10:15 AM – 10:45AM | <u>MORNING CIRCLE</u> – morning story-time, greetings, attendance, songs & music, poems, finger-plays, games, discussion of weather, seasons, colors, letters, numbers, people and places, introduction of unit of study or new activities, stories, language development, etc. |
| 10:20AM – 10:50AM  | <u>UNIT STUDY</u> - activities dealing with the unit of study (according to the curriculum plan). Children learn lessons individually and in small groups. Special projects such as art, cooking, show & tell and book sharing occurs.  |
| 10:50AM – 11:15AM  | <b>OUTSIDE ACTIVITIES</b> – The children can run, jump and climb. They play with balls, ride bikes, jump rope or go on walks in the neighborhood.   |
| 10:50AM – 11:00AM  | <u>CLEAN UP</u> / Bathroom Break & Wash Hands in preparation for lunch  |
| 11:00AM – 11:30AM  | <u>LUNCH</u> - children talk and socialize. They have the opportunity to get their own food and feed themselves.  |
| 11:30AM – 11:40AM  | STORY TIME / Language Development   |
| 11:40AM – 2:30PM   | <u>NAP/REST TIME</u> –Children lay quietly on their mats and listen to music and relax.   |
| 2:30PM – 3:00PM    | Clean up of blanket and mats / Bathroom Break & Washing Hands in preparation for snack.   |
| 3:00PM - 3:30PM    | <u>SNACK</u>  |
| 3:30PM – 4:00PM    | <u>OUTSIDE ACTIVITIES</u> – children go for walks, ride bikes, play basketball, hoola hoop, hop-scotch, play with sidewalk chalk and balls and other gross motor  |
| 4:00PM – 4:15PM    | Afternoon <u>STORYTIME</u> / Language Development   |
| 4:15PM – 4:45PM    | <u>UNIT STUDY</u> - activities dealing with the unit of study (according to the curriculum plan). Children learn lessons individually and in small groups. Special projects such as art, cooking, show & tell and book sharing occurs.  |
| 4:45PM - 6:00PM    | <u>FREE CHOICE</u> / Preparation for departure  |