

### INFANT – DAILY SCHEDULE

Our infant unit is a highly individualized program. Infants follow their own schedules of feeding, diapering and napping as their needs dictate. However, teachers will try to maintain the following schedule as much as possible.

<b>6:30 – 10:00am</b>	<b>ARRIVAL</b> – Infants arrive according to the daily schedule created by their parents. Teachers greet the children & parents and get pertinent information needed to care for the child during the day. Parents wash the child's hands and check to see if the child needs to be changed.
<b>8:00 – 9:30am</b>	<b>BREAKFAST / DIAPER CHANGING</b> – Infants are checked and changed if necessary (depending on the time of morning they were dropped off), hands are washed, tables / highchairs sanitized. Older infants have the opportunity to practice eating finger foods, drinking and talking with their caregivers.
<b>9:30 – 10:00am</b>	<b>CLEAN-UP / HANDWASHING / DIAPER CHANGING</b>
<b>10:00 – 10:15am</b>	<b>CIRCLE TIME</b> – Infants gather around to listen to stories, watch puppet shows, listen to music, sing songs, play with instruments, clap, bounce, and babble / talk with the other children and adults in the classroom.
<b>10:15 – 10:30am</b>	<b>GROSS MOTOR PLAY</b> – Young infants roll-over, scoot, inch and crawl, sit up, reach for items around them and climb. Older infants play with balls, build with blocks, climb-on, around and through obstacle courses.
<b>10:30 – 11:00am</b>	<b>OUTSIDE ACTIVITIES</b> – Infants go for a ride through the community to get fresh air and see the neighborhood sites.
<b>11:00 – 11:30am</b>	<b>HANDWASHING / DIAPER CHANGING</b>  <b>INFANT STIMULATION</b> – Individual interaction between infants and caregivers occur frequently throughout the day. Infant caregivers hold the children, talk to them, sing to them, read to and play with them. Weekly goals and activities are set up for each infant according to their developmental stage and needs.
<b>11:30 – 1:00pm</b>	<b>LUNCH / DIAPER CHANGING</b> – Infants are checked and changed if necessary (depending on the time of morning they were dropped off), hands are washed, tables / highchairs sanitized. Older infants have the opportunity to practice eating finger foods, drinking and talking with their caregivers.
<b>12:30 – 3:00pm</b>	<b>NAP / REST TIME</b> – Infants are provided with their own individual cribs. Infants are soothed to sleep with soft lullabies, dimmed lights, back rubs, cradling and rocking.
<b>3:00 – 3:30pm</b>	<b>SNACK / DIAPER CHANGING</b> – Infants are checked and changed if necessary (depending on the time of morning they were dropped off), hands are washed, tables / highchairs sanitized. Older infants have the opportunity to practice eating finger foods, drinking and talking with their caregivers.
<b>3:30 – 4:00pm</b>	<b>EXPLORATORY PLAY</b> – infants and toddlers freely interact with materials available around them such as dolls, rattles, books, balls, etc. Infants and toddlers develop their sensory perception and gross and fine motor skills.  <b>SOCIAL INTERACTION</b> – frequent interaction occurs between adult and children, children and adult, child to child and younger children to older children. There are specified times of the day where group times occur where this interaction can take place.
<b>4:00 – 4:30pm</b>	<b>OUTSIDE ACTIVITIES</b> – Infants go for a ride through the community to get fresh air and see the neighborhood sites.
<b>4:30 – 5:00pm</b>	<b>HANDWASHING / DIAPER CHANGING</b>
<b>5:00 – 6:00pm</b>	<b>DEPARTURE</b> – Parents pick up their children at the designated arrival time. Parents receive a verbal report about their child's day as well as a written daily report documenting what the child ate and drank, when they slept, how their overall mood, activities they engaged in, any milestones they reached and other pertinent information to the child's care during the day.